

What is claimed is:

1. A method for acquiring data related to a person's healthcare habits comprising the steps of:

- (a) setting data trigger types and values;
- (b) collecting data from a device;
- (c) monitoring data trigger values;
- (d) setting data owner identifiers;
- (e) transmitting the data and data owner identifiers electronically to a remote central location for processing; and
- (f) providing access to the data from various other remote locations over the Internet or other network.

2. The method of claim 1 wherein collecting data includes collecting data from dumb devices that have no electronics or computing power.

3. The method of claim 1 wherein collecting data includes collecting data automatically from devices that have computing power and associated electronics.

4. The method of claim 1 wherein the data is transmitted via the Internet or telephonically.

5. The method of claim 1 wherein the trigger values are selected from the group comprising the presence of data, the absence of data, the value of the data and the value of the trigger limit.

6. The method of claim 1 wherein the trigger types are selected from the group comprising medication reminder, prescription pick-up reminder, refill reminder, home test reminder, data collection reminder or emergency alerts.

7. A device for acquiring data related to a person's healthcare habits comprising:
- (a) a module adapted to be opened and closed;
  - (b) at least two sensors connected to the module;
  - (c) indicating means connected to the module;
  - (d) a memory for storing data connected to the first module; and
  - (e) means for transmitting the data from the module to a remote central

location.

8. The device of claim 7 wherein the memory stores data related to the opening and closing of the first module.

9. The device of claim 7 wherein the data is transmitted via the Internet or telephonically.

10. The device of claim 7 wherein the indicating means comprises at least one indicating light.

11. The device of claim 7 wherein the indicating means comprises at least one sound emitting means.

12. The device of claim 7 further comprising:

a second module adapted to receive the first module;

a device for accessing the second module;

means for transmitting the data from the first module to the second module; and

means for transmitting the data from the second module to a remote central location.

13. The device of claim 7 wherein the device for accessing the second module is selected from the group comprising a magnetic card reader, a barcode reader, a smart card reader or a biometric reader.

14. A device for acquiring data related to a person's healthcare habits comprising:

a first module adapted to receive a second module;

a memory for storing data connected to the first module;

a second module adapted to receive the first module;

an identification device capable of being used with the first module;

means for transmitting the data from the second module to the first module; and

means for transmitting the data from the first module to a remote central location.

15. The device of claim 14 wherein the identification device is selected from the group comprising a magnetic card reader, a barcode reader, a smart card reader or a biometric reader.

16. The device of claim 14 wherein the second module is selected from the group comprising a treadmill, a glucometer or a blood pressure apparatus.

17. The device of claim 14 wherein the second module is selected from the group comprising a stool analyzer, an Xray machine, an EKG machine, a fat analyzer or an office visit tracker.